

Medieval Christian adoption of Jewish Sabbath

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Dear fellow medievalists,

I am wondering if anybody has any information - primary or secondary sources are both welcomed - on Christian observance of the Sabbath on Saturday, instead of Sunday. I am in the process of writing about Raymond de Penaforte's (d. 1275) *Summa de Paenitentia* and he includes an interesting case warning Christians against observing the Jewish sabbath. This can obviously be a purely polemical reference and spritual admonishment, but I am wondering if there is any possibility that he was responding to actual Christian practices, since his work was a penitential handbook meant to guide the laity. If anybody has any information on this topic, it would be much appreciated.

Best,

Ilana Ben-Ezra